

# AUGUST 2022

## Elementary School Lunch

**MONDAY**

**1**

Cheeseburger  
Chicken Tenders  
Spaghetti w/Meat Sauce  
Mascot Meal/Protein Pack  
Green Beans  
French Fries

**8**

Cheeseburger  
Chicken Tenders  
Spaghetti w/Meat Sauce  
Mascot Meal/Protein Pack  
Green Beans  
French Fries

**15**

Cheeseburger  
Chicken Tenders  
Spaghetti w/Meat Sauce  
Mascot Meal/Protein Pack  
Green Beans  
French Fries

**22**

Cheeseburger  
Chicken Tenders  
Spaghetti w/Meat Sauce  
Mascot Meal/Protein Pack  
Green Beans  
French Fries

**29**

Cheeseburger  
Chicken Tenders  
Chicken Alfredo  
Mascot Meal/Protein Pack  
Seasoned Broccoli  
French Fries

**TUESDAY**

**2**

Chicken Nuggets  
Beef Tacos  
Pizza  
Uncrustable PBJ  
Corn  
Glazed Carrots

**9**

Chicken Nuggets  
Beef Tacos  
Pizza  
Uncrustable PBJ  
Corn  
Glazed Carrots

**16**

Chicken Nuggets  
Beef Tacos  
Pizza  
Uncrustable PBJ  
Corn  
Glazed Carrots

**23**

Chicken Nuggets  
Beef Tacos  
Pizza  
Uncrustable PBJ  
Corn  
Glazed Carrots

**30**

Chicken Nuggets  
Quesadilla  
Personal Pizza  
Uncrustable PBJ  
Corn  
Baked Beans

**WEDNESDAY**

**3**

Chicken Sandwich  
Orange Chicken  
Grilled Cheese  
Mascot Meal/Protein Pack  
Cheesy Broccoli  
Baked Beans

**10**

Chicken Sandwich  
Orange Chicken  
Grilled Cheese  
Mascot Meal/Protein Pack  
Cheesy Broccoli  
Baked Beans

**17**

Chicken Sandwich  
Orange Chicken  
Grilled Cheese  
Mascot Meal/Protein Pack  
Cheesy Broccoli  
Baked Beans

**24**

Chicken Sandwich  
Orange Chicken  
Grilled Cheese  
Mascot Meal/Protein Pack  
Cheesy Broccoli  
Baked Beans

**31**

Chicken Sandwich  
Chicken Lo Mein  
Hot Dog  
Mascot Meal/Protein Pack  
Green Beans  
Coleslaw

**THURSDAY**

**4**

Boneless Wings  
Beef Nachos  
Grilled Chicken Salad  
Uncrustable PBJ  
Squash Casserole  
French Fries

**11**

Boneless Wings  
Beef Nachos  
Grilled Chicken Salad  
Uncrustable PBJ  
Squash Casserole  
French Fries

**18**

Boneless Wings  
Beef Nachos  
Grilled Chicken Salad  
Uncrustable PBJ  
Squash Casserole  
French Fries

**25**

Boneless Wings  
Beef Nachos  
Grilled Chicken Salad  
Uncrustable PBJ  
Squash Casserole  
French Fries

**FRIDAY**

**5**

Cheesy Bites  
French Toast Sticks  
Corn Pups  
Mascot Meal/Protein Pack  
Roasted Ranch Potatoes  
Spiced Apples

**12**

Cheesy Bites  
French Toast Sticks  
Corn Pups  
Mascot Meal/Protein Pack  
Roasted Ranch Potatoes  
Spiced Apples

**19**

Cheesy Bites  
French Toast Sticks  
Corn Pups  
Mascot Meal/Protein Pack  
Roasted Ranch Potatoes  
Spiced Apples

**26**

Cheesy Bites  
French Toast Sticks  
Corn Pups  
Mascot Meal/Protein Pack  
Roasted Ranch Potatoes  
Spiced Apples

Full Price Lunches are \$2.50.  
Reduced Price Lunches are \$0.40.

Visitor Lunches are \$3.75.  
Please see the School Nutrition Department to apply for meal benefits.

All lunches are served with fresh salad options and a choice of Milk and/or Water.

Daily menu may change due to product availability or celebration meals. Please see your school's administration for a school calendar.

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For more information, find us online at [www.hcbe.net/schoolnutrition](http://www.hcbe.net/schoolnutrition)

This institution is an equal opportunity provider.



*Did you know?*

In August 1762 the sandwich, as we know it, was created when the Earl of Sandwich requested meat between two pieces of bread.