

August 2017

Peach County Schools



Welcome Back!!

July 31

Supreme Pizza
Sweet Corn / Popeye Salad / Cookie
Peach County Peaches
Milk Variety



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



This institution is an equal opportunity provider.

Monday



Tuesday

Wednesday

Thursday

Friday

7
Home-style Pizza
Sweet Peas
Fresh Veggie & Dip
Fruit Variety (LG)
Assorted Milk

8
Lasagna Bake
WK Corn
Tossed Salad (LG)
Bread sticks
Fruit Variety (LG)
Assorted Milk

9
Baked Chicken
Steamed Cabbage (LG)
Sweet Potatoes
Cornbread
Fruit Variety (LG)
Assorted Milk

10
Meatloaf
Fluffy Rice
Black-eyed Peas
Warm Rolls
Fruit Variety (LG)
Assorted Milk

11
Corn Dogs
Baked chips
Mixed Vegetables
Fruit Variety (LG)
Assorted Milk

14
Barbecue/Sloppy Joe Sand.
Ranch Fries
California Medley
Fruit Variety (LG)
Assorted Milk

15
Cheesy Baked Ziti
Steamed Carrots
Caesar Salad (LG)
Dinner Rolls
Fruit Variety (LG)
Assorted Milk

16
Buffalo / Breaded
Chicken tenders
Rice Pilaf
Broccoli & Cheese
Wheat Rolls
Fruit Variety (LG)
Assorted Milk

17
Mozzarella Sticks
Marinara sauce
Mixed Vegetables
Side Salad (LG)
Fruit Variety (LG)
Assorted Milk

18
Cheeseburgers Deluxe
Lettuce and Tomatoes (LG)
Crispy Tater Tots
Fruit Variety (LG)
Assorted Milk

21
Chicken Filet
Sandwich
Potato Wedges
Sweet Corn
Fruit Variety (LG)
Assorted Milk

22
Baked Spaghetti
Glazed Carrots
Tossed Salad
Garlic Bread
Fruit Variety (LG)
Assorted Milk

23
Chicken Pot Pie
Creamy Potatoes
Green Beans / Rolls
Fruit Variety (LG)
Assorted Milk

24
Tacos/Nachos
Mexicali Rice
Sweet Corn
Chunky Salsa
Fruit Variety (LG)
Assorted Milk

25
Coney Dogs
Baked Beans
Coleslaw
Fruit Variety (LG)
Assorted Milk

28
Home-style Pizza
Sweet Peas
Fresh Veggie & Dip
Fruit Variety (LG)
Assorted Milk

29
Lasagna Bake
WK Corn
Tossed Salad (LG)
Bread sticks
Fruit Variety (LG)
Assorted Milk

30
Baked Chicken
Steamed Cabbage (LG)
Sweet Potatoes
Cornbread
Fruit Variety (LG)
Assorted Milk

31



*locally grown